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grass last summer. Firefiles is young, bright and fun.
Sweet reviews continue for Del Ray Dreamery up the street, opened by Liz Davis in 2001. She's a former pastry chef who missed the dense, creamy Wisconsin-style frozen custard of her childhood, saw a need, and created another neighborhood gathering place. Sometimes the staff serves you in colorful pajamas. Folks sit at indoor picnic tables and play Scrabble or work on a jigsaw puzzle.

Gompert pointed out a common thread that's a bit unusual: Almost all the shops are owned by women. It's a subtle thing, but several owners give credit for the Del Ray resurgence to women's cooperative nature.

At the spiffy Caboose Café and

with meat and cheese).

At the splifty Caboose Calé and Bakery, owner Rhoda Worku serves two new soups every day and omclets on weekends. Fresh bread, out every morning by 700, is featured on their sandwiches. Up the street, Mancien's has been a successful gournet take-out sper, with a kids' menu and home-style dinners, since 1995; kids eat free Thursday nights. Cindy Gompert, co-owner of Eight Hands Round, moved the shop from Old Town to Del Ray a couple of years ago. "Someone told me about this wonderful place and I tell in love with it," she says. The eli lin love with it," she says. The eli full of unique craft items, a hand painted child's chair it Holland, gift tags and terrific i-decorated children's cloth-Part of the profit goes to Habio of Humanity, unpert pointed out a common ad that's a bit unusual: Almost he shops are owned by women.

It's a subtle thing, but several own-ers give credit for the Del Ray resurgence to women's cooperative nature. There seems to be a consis-tent sense of community that does have, well, a nurturing perspec-tive. One shop would steer me to another, as in, "Don't miss Bonnie Greer..."

Bonnie Greer is the Blace to look for gifts Bennie Greer is the place to look for gifts place to look for gifts like fun pajamas, Vera Bradley bags and Hobo purses ("designed by women for women"). Mia Gemma, the new-est store, is a sophis-ticated spot, with hars from Hatritude in New York, hand-dyed scarves and designer jewelry by various New York artists. "Every-whing is handmade.

huge outdoor miral invites you to "Create—Design—Imagine." Eclec tic Nature has original art, bold lamps and delicate beidal gifts. Even the bathroom is stocked with interesting things, like fun slip-pers from BonBons, in velvet and

easy-to-read signs giving pronuncia-tion, price and pedigree. "I have a huge love for Virginia cheses," says Erber, "and I love the people who make the cheeses!" They list close to 300 cheeses that rotate seasonally, with about 90 available in the shop daily. This is the place to come to



At the far eastern end of Del Ray's shopping area, I stumbled into Esc Cellection, an extraordinary carpet shop with handmade contemporary area rugs, all using handspan wool, hand-dyed with natural vegetable dyes, and "made with integrity," says owner Drew Wenchel. He takes time to tell me about the process, how they are produced by Persian, Turkman and Tibetan refugees, using no child labor and following village traditions rather than workshop carectures and

little

LIVING 81

## DESIGN







## Alexandria's Design & Dining District

Between Crystal City and Old Town, Del Ray is now a new destination in Alexandria ... and one of writer JO ANN M. HOFHEIMER'S favorite spots. This is a success story, Just a few short years ago, the Del Ray section of Alexandria was a marginal place to live and shop. On Mount Vernon Avenue, the main drag, boarded store-froots alternated with auto parts stores and barber shops. Derelicts and drug dealers were not musual. Now Del Ray has become the trendiest little spot in Northern Virginia. Delightful restaurants and eelectic shops, all owner-run, have taken root. Even patrician Old Town has taken notice. A formerly struggling Alexandria neighborhood has become the hot place to live and shop.

What happened! A bit of artistic ingenuity lit a spark. The modest Del Ray Artisan's Center anchors the western end of Mount Vernon Avenue. Kathryn Brown, who's lived in Del Ray since 1985, helped start the group back in 1992. "Wed find vacant space and go in at low or no rent until the owner found a good

Mia Gemma, the newest store, is a sophisticated spot, with hats from Hattitude in New York, hand-dyed scarves and designer jewelry by various New York artists. "Everything is handmade, mostly limited edition," says owner Irene Barbieri, who lives around the corner. "There's a demand here for special things, and nothing I carry is manufactured

or mass-produced."